HRSE Overview Y1-6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Making friends: playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kinsess to ourselves and others
Year 2	Mental health and wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Safety outside the home	Looking back and moving on
Year 3	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choice online	Keeping safe out and about	Looking out for each other
Year 4	Mental health and wellbeing	Exloring ways to manage risk	Forming respectful friendships	Money matters and news literacy	Me, my body and growing up	Families and growing together
Year 5	Friendships, sterotypes and bullying	Mental health and wellbeing	Positively engaging in our world	Respecting boundaries	Safe online connections	Emdedding healthy habits and learning first aid
Year 6	Mental health and wellbeing	Managing money and online spending	Changes in puberty (and sex education)	Drug education: assessing risk and managing influences	Developing our AI literacy	Looking to the future