April 2023

St Gregory's SEND Newsletter

Issue 2

Dear Parents/Carers,
This is the second issue of our termly SEND newsletter. We hope you will find it useful. We want to work closely with the St Gregory's community to support pupils and parents on their journey throughout St Gregory's.

Our SEND newsletter is where we will celebrate the great achievements of our children, share topics of interest and also signpost some useful information and advice.

Some of our children have shared their interests/hobbies outside of school; read on to find out who the spotlight is shining on this term...

If you have any suggestions for future content in the newsletter please get in touch.

Mrs Wright

To view the SEND section on our school website please visit:
https://www.stgregorysps.co.uk/send/

Loving all, like Jesus, we flourish together

Spot light on ASD:

Autism spectrum disorder (ASD) is a developmental disability caused by differences in the brain. People with ASD often have problems with social communication and interaction, and restricted or repetitive behaviours or interests. People with ASD may also have different ways of learning, moving, or paying attention.

People with ASD may behave, communicate, interact, and learn in ways that are different from most other people. The abilities of people with ASD can vary significantly. For example, some people with ASD may have advanced conversation skills whereas others may be nonverbal. Some people with ASD need a lot of help in their daily lives; others can work and live with little to no support. As children with ASD become adolescents and young adults, they may have difficulties developing and maintaining friendships, communicating with peers and adults, or understanding what behaviours are expected in school or on the job.

As no two individuals are the same with ASD, there is not a definitive list of signs and symptoms. However some individuals that are on the spectrum may show some of the following signs: Difficulties with both verbal and non-verbal language, take things very literally, cannot read facial expressions or tone of voice, do not understand jokes or sarcasm, have difficulty expressing their own emotions, appear to be insensitive, prefer to spend time on their own, appear to behave inappropriately, difficulty in understanding people's feelings (empathy), unable to think ahead and predict what might happen, do not understand the concept of danger, do not like change to routine.

Many individuals with ASD also suffer some form of sensory sensitivity, such as not liking the smell of something or the feel of labels in their clothes. They may also have a special interest that they can hyper focus on.

Useful websites for further information/support:

https://www.autism.org.uk/ - The National Autistic Society website, the main UK charity for supporting people with ASD and their families.

https://autismuk.com/ - Contains lots of information on ASD

https://www.autismspeaks.org/ - A comprehensive site, with a useful resource library.

A number of children have special interests and hobbies outside of school.

The spotlight this term is on…



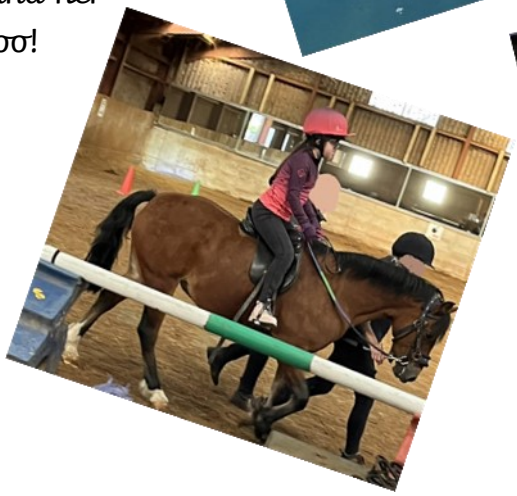


Theo, in Y3, likes a range of activities outside of school. He loves his weekly horse riding and gymnastic sessions. He has recently achieved the blue award in gymnastics! Well done Theo!

Here is Kyra, a Year 5 pupil, Kyra joins in everything!

Kyra loves to keep busy when she's not at school, she thoroughly enjoys baking, crafting, swimming and her weekly horse riding lessons too!









We would love to hear about the great things that the children get up to out of school. Please get in touch via dojo to share achievements and proud moments out of school, 'spotlights' continue in next terms

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This terms top tips and useful websites:

Be sure to check out the Lancashire Local Offer Facebook Page sharing lots of events happening in the area.



https://www.facebook.com/LancashireLocalOffer

Self care is important, but we often overlook it. Caring for a child with additional needs can be exhausting both mentally and physically. You can't pour from an empty cup so make time for yourself to refill it occasionally and try not to feel guilty about doing so either! Don't forget our coffee morning sessions with Linda and Amanda.



Advice and support....



